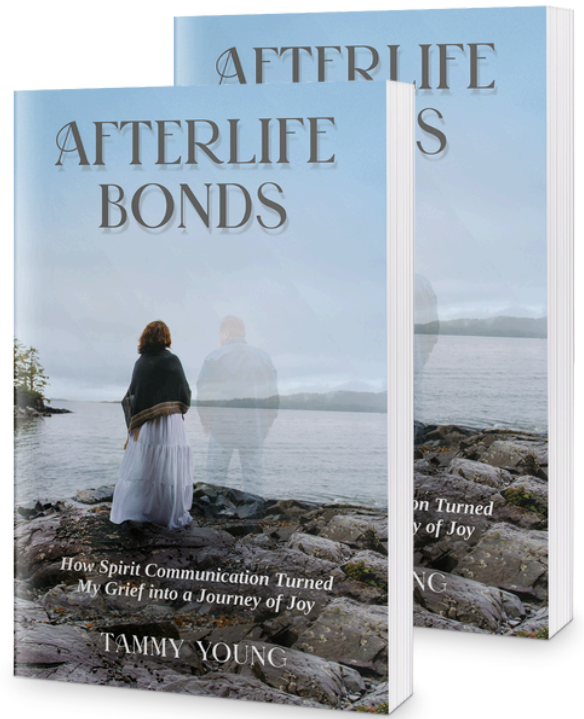


AFTERLIFE BONDS

How Spirit Communication Turned My Grief into a Journey of Joy

*Exploring the Afterlife to Heal from Loss and
Embrace Spiritual Connections to Communicate
with Your Loved Ones on the Other Side.*



In *Afterlife Bonds: How Spirit Communication Turned My Grief into a Journey of Joy*, Tammy Young offers a compassionate guide for those navigating the depths of grief and seeking connection with loved ones who have passed on. As a Psychic Medium and Reiki Master, Tammy merges her background in engineering with profound spiritual insights gained through personal loss. Through practical exercises like meditation, dream journals, and spirit-led activities, readers embark on a journey of self-discovery and intuitive growth. By the book's conclusion, readers emerge with newfound confidence in their ability to sense and communicate with spirits, finding solace and clarity in their grief journey. Tammy's approach, rooted in personal experience and spiritual practice, invites readers to explore and connect with the unseen world, fostering healing and a deeper understanding of life beyond physical boundaries.

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TAMMY YOUNG

Tammy Young is a Psychic Medium and Reiki Master whose spiritual journey was sparked by personal tragedy. Based in Austin, Texas, Tammy guides clients through life's challenges with a holistic approach. When not advising clients or sharing spiritual insights, she enjoys hiking, exploring local crystal shops, and pursuing her quest for Sasquatch on Mount Bonnell. Her story reflects resilience, curiosity, and a deep connection to the spiritual world.

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